

Chronicle

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Our Savior Lutheran Church

2019



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Serve
Love

&
Encourage

Hebrews 10: 24-25

Contents

Page - 2

A Message from Pastor

Page - 3

LWML

Volunteer Thanks

Page - 4

Recipe Box

Upcoming Events

Inserts

Calendar



A Message from Pastor Daniel Provost

Dear fellow redeemed in Christ,

“Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!” (Ps. 46:10 ESV)

Well, it's been quite a month! Since the last time I wrote a submission for the *Chronicle*, I've had a very serious hospitalization and recovery, I've rerouted and been able to take a modified vacation (in fact, I'm writing this from a hotel room in Colorado tonight), and the Youth Group and their chaperones have attended the National Youth Gathering in Minneapolis. Psalm 46 ties all of this together! Now, you might be asking how these seemingly disparate events fit under the same Scripture reading, but keep going – I'll explain it in a minute.

When you're laying flat on your back because your side hurts too much to turn over in bed, it forces you to “be still” and know that God is there. When you're told that the infection that you didn't know you had was so serious that you had a matter of hours before it would have been severe enough (even though it was already septic) to call you home to Jesus earlier than you expected, the only one that can be exalted in that moment is God Himself, the only One that can cause healing to occur on a grand scale. I guess I didn't realize until I returned home from the hospital, and visited my family doctor, who was a little surprised to see me alive, how serious my illness was! Thanks be to God, things are healing up rather quickly, and I expect to be back in the pulpit at Our Savior Lutheran by mid-August (planning on the 11th, God willing). Thanks to all of you for your prayers, your assistance, and your patience during this time that I never planned on happening!

On a positive note, staring up at the tops of “14ers” in Colorado, and even driving to the top of one (Mt. Evans – the highest paved road in America), it's hard to argue that somehow everything in the world around us just happened in one “big bang”. When-

ever we take these large vacations (every two or three years or so), my family and I try to plan them around traveling to many of our National Parks. Mountains, lakes, and waterfalls top the list of destinations we try to get to, although sometimes we can just marvel at God's creation with the beautiful red rocks of the Southwest. God is exalted through His creation; this natural knowledge of God leads to a thirst for more detailed information about His plan of salvation through the revealed knowledge that can only be obtained by reading the Bible. Thanks be to God that He gives us these opportunities to appreciate His creation, and for teaching us about His love and mercy that transcend all understanding, through His Word and His Sacraments.

The youth group, as they headed to the convention in Minneapolis paid me a great compliment before they left – they stopped by the house for a word of prayer for their trip, and encouragement in my recovery. That was truly a touching thought on their part. From the emails that they sent out during their Gathering, I'm confident that they had a great time, learned a lot, and were able to spend precious time together. Christians spending uninterrupted time together is a God-pleasing thing; for the youth of a congregation to desire to do this in the age of cell phones and Facebook is nothing short of God causing His Name to be exalted. Thousands upon thousands of Lutheran youth doing this at the same time is a statement to the nations that will not soon be silenced.

In addition to the volunteers that made IVBS happen in my absence (again, never intended on that!), thanks so much for those who went with the kids, those who prayed for them, and those who financially supported them. You folks have really stepped it up in my absence, and it does not go unnoticed! I hope to see you (soon!) in church, in Bible study, and around the community.

In Christ's Service,
IPastor Daniel M. Provost



SCHOOL SUPPLY SHOPPING

LWML is once again collecting school supplies for both Lutheran World Relief and Orphan Grain Train. The two do have different supply lists, but both lists are in pockets on the side of the collection box in the narthex. Please join us in making this a large collection to help out all the little ones!

We will not be meeting until September 16th, but put it on your calendar now so we will have a great turnout. Any OSL woman is already a LWML member, so feel free to come and hear more about all the projects that we are involved in. Remember the "M" in LWML is for missions, something dear to OSL.

Lutheran World Relief School Supply List:

- (4) 70 sheet notebooks
- 30 cm ruler
- Pencil Sharpener
- Scissors
- (5) #2 pencils
- (5) Black or blue pens- no gel
- 16 or 24 size crayon box
- 2 1/2" eraser

Orphan Grain Train School Supply List:

- (2-3) Spiral notebooks, any size
- 2 or more pens
- Crayons
- Glue Sticks
- Washable markers
- 2 or more pencils
- Package of construction paper
- Ruler
- Blunt scissors
- Protractor



Never worry about money again with Financial Peace University (FPU), the nine-lesson course that gives you the proven plan to master budgeting, pay off debt, build wealth, and give generously. The course centers around lessons taught by Dave Ramsey, Chris Hogan and Rachel Cruze, followed by small group discussions. FPU includes your member workbook as well as one year of free access to Financial Peace Membership, where you'll find tons of online resources to help you start winning with money.

***Class begins September 29th and runs every other Sunday through November 24th from 6pm to 8pm.**

*You can enroll online now at: <https://www.financialpeace.com/groups/1094365?c=ccf>

*Cost is \$109 per individual or couple

*A preview of the class will be held on Sunday, August 18th at the church at 6:00pm.

*Invite your family, friends & neighbors to attend this life-changing event.

Please contact Chris Roby at 515-480-0376 if you have any questions.



Thank you for volunteering this month!

ELDER

Doug DeJong
Rick Schiller

LAY READER

Ron Dlouhy

USHERS

Steve & Janet Hartz

GREETERS

Michael & Patsy Weddell

ALTAR GUILD

Loretta Tool

MEDIA TEAM

n/a & Amanda

MUSICANS

Joy McGinley
Miranda Ervin

A special note of thanks to those of you that have and continue to contribute your ideas, photos, and articles.

WEBSITE

Please remember that if you'd like to see our chronicler in "mostly" ☺ color, you can visit our website, navigate to the Resources tab and select Chronicler.
www.oursavlutheran.com

THE RECIPE BOX



BEAN, CORN & AVOCADO SALAD

From www.sparkpeople.com

Ingredients

- 1 can black beans
- 1 can yellow sweet corn
- 1 medium red ripe tomato
- 5 C. chopped onions
- 1 avocado
- 2 oz. lime juice
- 1 tsp. olive oil
- 4 tbsp. raw cilantro



Directions

1. Drain beans and corn, mix. Add finely chopped onion, chunky tomato and cubes of avocado. Season with lime juice, olive oil and fresh cilantro finely chopped. Mix well, salt and pepper to taste.

WALDORF SALAD

From www.sparkpeople.com

Ingredients

- 4 medium apples, cubed
- 3 stalks celery, chopped
- 1/3 C. walnuts, chopped
- 1/2 C. low-fat plain yogurt (Greek or regular)
- 1/3 C. raisins



Directions

1. Combine apples, celery, raisins, and walnuts in a bowl. Stir.
2. Add yogurt and stir all ingredients together.
3. Chill to blend flavors or enjoy right away.

Serves 6

SHARE
your
RECIPES

We'd love to have your recipe!

If you'd like to share your recipe or recipes with the OSL Family, please submit a copy to Amanda in the office or e-mail it to oursavr@windstream.net.

RESERVATION CALENDAR

If you'd like to reserve a room here at OSL for an occasion, please contact Amanda in the office. You must be a member to reserve a room and must be present at the event. 641-792-1084

ZUCCHINI SALAD

From www.nytimes.com

Ingredients

- 2 medium zucchini (about 1 1/2 lbs total)
- 1/2 tsp salt
- 1/2 tsp ground black pepper
- 2 tbsp white wine vinegar
- 4 tbsp corn or safflower oil



Directions

1. Preheat oven to 400 degrees.
2. Wash the zucchini, trim and discard the ends, and cut crosswise into 1/4-inch thick rounds. Arrange the rounds in one layer on a large cookie sheet and sprinkle them with the salt. Place in oven for 5 to 7 minutes, until they soften slightly.
3. Transfer the rounds to a bowl and toss them lightly with the pepper, vinegar and oil. Serve immediately.

Upcoming Events in August

AUGUST 4TH
MITEBOX SUNDAY

AUGUST 20TH
6:30PM COMMITTEE MEETINGS
7:00PM COUNCIL MEETING



AUGUST 23RD
CHRONICLER DEADLINE

AUGUST 24TH
8:00-12:00PM LWML ZONE BOARD MEETING
(FEL. HALL RSVD)

SUNDAY'S IN AUGUST
9:00AM WORSHIP
10:30AM BIBLE CLASS

TUESDAY'S IN AUGUST
BULLETIN DEADLINE - AM

WEDNESDAY'S IN AUGUST
1:00PM FAITH 101 (EXCEPT AUG. 7TH)



FRIDAY'S IN AUGUST
7:30AM BIBLE STUDY @ MIDTOWN



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